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## APPLICATION OF INSTRUMENTAL COLOUR MEASUREMENT AS AN INDICATOR OF CHANGES OCCURRING IN WHEAT BAKERY PRODUCTS DURING PRODUCTION PROCESS

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The study covers an analysis of changes which occur in colour of wheat bakery products manufactured from two types of flour. For the purposes of the study, the researchers adopted different periods of dough mass kneading and thermal treatment in order to determine the influence of the said parameters on the colour of finished products. A range of  $L^*a^*b^*$  factors variability was found out on the basis of test results, subject to the type of actual flour. The colour of finished products was a function of dough kneading period (in every case), thermal treatment period (depending on the examined parameter and type of flour) as well as of the interaction between these two parameters.

## NOTATIONS

 $L^*$  – lightness (%), a\* – chromaticity parameter red/green (-), b\* – chromaticity parameter yellow/blue (-).

## INTRODUCTION

Consumer requirements and competition which keeps increasing on food products market oblige the manufacturers and researchers to carefully plan the production process in order to make the articles featuring the highest quality standards possible at a minimum cost. A food product is a perishable material; it is susceptible to multiple path transformations under the influence of many different parameters. Careful studies on the pattern of changes in different conditions allow to forecast the future "behaviour" of the product during its processing. Information originating from such studies helps controlling the production process which will generate products featuring the desired quality parameters. One of applicable tools is the instrumental colour evaluation which is used as a immediate gauge for determination of different qualitative changes occurring in food products [Özdemir & Devres, 2000; Denovelle & Berny, 1999] since colour changes are a result of mechanical operations on raw materials [Biller & Neryng, 2003; Ekielski et al., 2005], of thermal processing [Biller et al., 2005], chemical changes, and are correlated with textural changes in food [Biller & Ekielski, 2005] as well as with chemical composition, *i.e.* contents of certain compounds, such as *e.g.* proteins level in meat [Florowski et al., 2002].

The study was designed to analyse the possibility of applying instrumental colour evaluation as a tool for the determination of qualitative changes occurring in wheat bakery products during their production.

The scope of the study covered instrumental colour measurement applied to cross-sections of wheat bakery products manufactured from two different types of flour and kneaded for different periods of time.

### MATERIALS AND METHODS

Test materials covered wheat bakery products manufactured from two different types of wheat flour: "Maka Luksusowa" manufactured by PZZ Szymanów (Type 550; hereinafter referred to as "Flour 1") as well as "Maka Babuni" manufactured by Młyny i Spichrze Zbożowe "Musioł i Sp.", Kędzierzyn-Koźle (Type 650; hereinafter referred to as "Flour 2"). The recipe was composed of the ingredients as follows: 1 kg of flour, 0.5 kg of water, 30 g of yeast, 10 g of salt, and 2.5 g of sugar. The dough was produced by means of single-phase method and kneaded in a Sigma MG 12 brand mixer equipped with a helical agitator. The periods of kneading were equal to 10, 15, 20 and 25 min. Every specimen was processed by means of fermentation in an incubator (2 h at 32°C). After fermentation the dough was divided into batches, each 600 g, placed in a rectangular baking tin and processed by means of thermal treatment at 200°C in a convection-type oven (AR6 ESP, Elektrolux) for 20, 30, 40 and 50 min. After cooling down to ambient temperature the product was cut to expose its cross-sections which were measured by means of instrumental chromometry using the L\*a\*b\* system (CR-310 photocolorimeter by Minolta, type of light  $-D_{65}$ ; the apparatus was calibrated with white plate standard).

Author's address for correspondence: Elżbieta Biller, Department of Techniques and Catering Technology, Warsaw University of Life Sciences ul. Nowoursynowska 166, 02-787 Warsaw, Poland; e-mail: elzbieta\_biller@sggw.pl The results were calculated by means of Statistica 6.0. software, central composite surface response model. Analysis of variance was conducted to determine significant differences between the various treatment combinations. The goodness-of-fit of the surface response models was evaluated using the adjusted R<sup>2</sup>.

## **RESULTS AND DISCUSSION**

# Changes in lightness of product cross-section area (L\*) during thermal treatment

Changes in lightness ( $L^*$ ) of wheat product cross-section area during thermal treatment are shown in Figures 1 a and b as a function of dough kneading and thermal treatment periods.

The values of lightness  $(L^*)$  of cross-section area of the bread produced from Flour 2 were lower in every case than

those of the bread produced from Flour 1: cross-section area of the bread produced from Flour 2 was darker. Hence, it can be concluded that the type of flour has had an influence on bread lightness produced after thermal treatment.

### Changes in the value of a\* parameter (red colour axis) of bread cross-section area during thermal treatment

Changes in the value of a\* parameter (red colour axis) of bread cross-section area during thermal treatment are shown in Figures 2 a and b.

The bread produced from Flour 1 featured lower values of a\* parameter than the bread produced from Flour 2. The curve illustrating the changes in values of this parameter was different in the case of the two types of flour. This indicates the differences between the properties of the flours used in the tests.

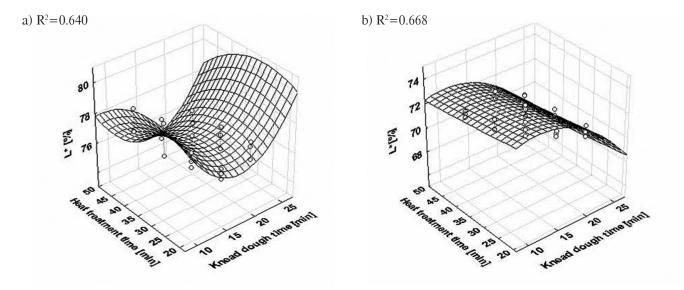


FIGURE 1. Changes in lightness ( $L^*$ ) of cross-section area of the bread produced from dough kneaded and baked for different periods of time: (a) dough produced from Flour 1; (b) dough produced from Flour 2.

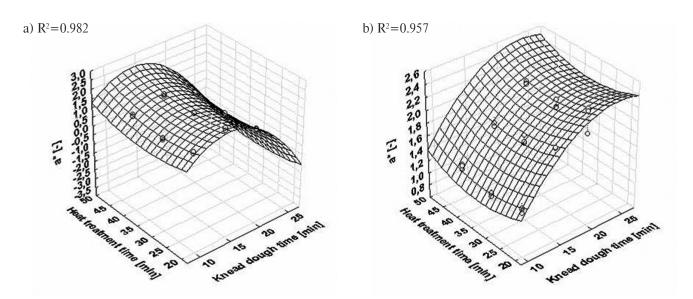


FIGURE 2. Changes in value of a\* parameter (red colour axis) of cross-section area of the bread kneaded and baked for different periods of time: (a) dough produced from Flour 1; (b) dough produced from Flour 2.

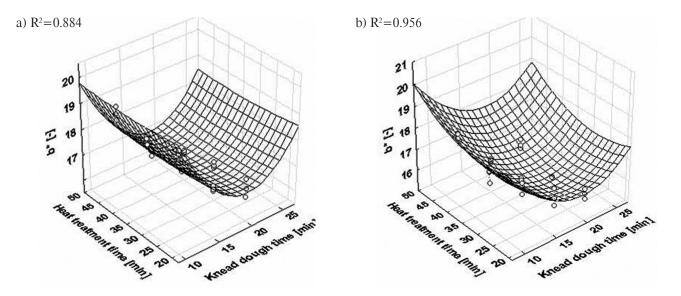


FIGURE 3. Changes in value of b\* parameter (yellow colour axis) of cross-section area of the bread kneaded and baked for different periods of time: (a) dough produced from Flour 1; (b) dough produced from Flour 2.

### Changes in the value of b\* parameter (yellow colour axis) of bread cross-section area during thermal treatment

Changes in the value of b\* parameter (yellow colour axis) of bread cross-section area during thermal treatment are shown in Figures 3 a and b.

The values of b\* parameter of wheat bread after thermal treatment, produced from Flour 1 and 2 were close to each other (they were contained in a similar interval of values).

It was concluded that parallel to kneading time extension, the product features lower values of this parameter, thus the bread is of less yellow colour.

# Effect of kneading and thermal treatment period on changes in wheat product colour

The test results were estimated by means of Statistica 6.0. software package. An average value of colour parameters – L\*, a\*, and b\*, respectively – was used as an estimator. By way of Shapiro-Wilk test it was abandoned our preliminary hypothesis that all the average values of L\*, a\*, b\* of samples were equal (at a significance level of p<0.05).

The following working hypotheses were assumed:

1.  $H_1$ : kneading period has no influence on L\*, a\*, b\* parameters of the product.

2.  $H_2$ : thermal treatment period has no influence on L\*, a\*, b\* parameters.

Simultaneously, alternative hypotheses were assumed as follows:

3.  $H_1$ ': kneading period has an influence on L\*, a\*, b\* parameters of the product.

4. H<sub>2</sub>': thermal treatment period has an influence on L\*, a\*, b\* parameters.

Verification of the above-mentioned hypotheses was conducted by means of the analysis of Statistica 6.0 software variances, separately for the two types of products baked from different types of flour.

Results of verification of these hypotheses for the bread produced from Flour 1 are shown in Tables 1 - 3.

An analysis of the results shown in Table 1 allows us to conclude that the hypotheses  $H_1$  and  $H_2$  (at a significance levels of 0.0 and 0.0013, respectively), which assume no effect of the kneading and thermal treatment periods on the value of L\* parameter, should be abandoned. Simultaneously, no interaction was found between these parameters.

Table 2 shows results of a significance test for  $a^*$  parameter and a significance level of p < 0.05 (for Flour 1).

On the basis of the above-mentioned results, the hypotheses  $H_1$  and  $H_2$  (at significance levels of 0.00 and 0.00, respectively), which assume no effect of the kneading and thermal treatment periods on the value of a\* parameter, should be abandoned. Simultaneously, we found an interaction between these two parameters. This means that collective action of the said two factors will have an influence on the value of a\* parameter.

Table 3 collates data of a significance test for  $b^*$  parameter and a significance level of p < 0.05 for Flour 1.

On the basis of the analysis (Table 3), the hypotheses  $H_1$  and  $H_2$  (at significance levels of 0.00 and 0.00, respectively), which assume no influence of the kneading and thermal treatment periods on the value of b\* parameter, should be abandoned. Simultaneously, we found an interaction between these two parameters. Hence, collective action of the said two factors will have an influence on the value of b\* parameter.

When drawing the response area, the occurrence of interaction should be taken into account.

Results of verification of hypotheses for the bread produced from Flour 2 are shown in Tables 4 - 6.

The hypotheses  $H_1$  and  $H_2$  (at significance levels of 0.00 and 0.00, respectively), which assume no influence of the kneading and thermal treatment periods on the value of L\* parameter, should be abandoned. On the basis of analytical results it was found an interaction between these two parameters. Hence, kneading and thermal treatment periods will affect the value of L\* parameter.

Table 5 collates results of a significance test for  $a^*$  parameter and a significance level of p < 0.05 (for Flour 2).

#### TABLE 1. Results of a significance test for L\* parameter and a significance level of p < 0.05 for Flour 1.

| Effect                                 | One-way analysis of variance (Flour 1)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |          |          |  |  |
|--|---|-------------------|----------|----------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F        | р        |  |  |
| Free term in the expression            | 284683.9  | 1                 | 284683.9 | 680349.1 | 0.000000 |  |  |
| Knead dough time                       | 42.6  | 3                 | 14.2     | 33.9     | 0.000000 |  |  |
| Heat treatment time                    | 8.3   | 3                 | 2.8      | 6.6      | 0.001349 |  |  |
| Knead dough time x heat treatment time | 5.3   | 9                 | 0.6      | 1.4      | 0.221483 |  |  |
| Error                                  | 13.4  | 32                | 0.4      |          |          |  |  |

TABLE 2. Results of a significance test for a\* parameter and a significance level of p < 0.05 for Flour 1.

| Effect                                 | One-way analysis of variance (Flour 1)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |          |          |  |  |
|--|---|-------------------|----------|----------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F        | р        |  |  |
| Free term in the expression            | 94.39760  | 1                 | 94.39760 | 30914.84 | 0.000000 |  |  |
| Knead dough time                       | 2.84128   | 3                 | 0.94709  | 310.17   | 0.000000 |  |  |
| Heat treatment time                    | 0.47845   | 3                 | 0.15948  | 52.23    | 0.000000 |  |  |
| Knead dough time x heat treatment time | 0.10369   | 9                 | 0.01152  | 3.77     | 0.002503 |  |  |
| Error                                  | 0.09771   | 32                | 0.00305  |          |          |  |  |

TABLE 3. Results of a significance test for  $b^*$  parameter and a significance level of p < 0.05 for Flour 1.

| Effect                                 | One-way analysis of variance (Flour 1)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |          |          |  |  |
|--|---|-------------------|----------|----------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F        | р        |  |  |
| Free term in the expression            | 13372.92  | 1                 | 13372.92 | 299480.6 | 0.000000 |  |  |
| Knead dough time                       | 25.53   | 3                 | 8.51     | 190.6    | 0.000000 |  |  |
| Heat treatment time                    | 1.56  | 3                 | 0.52     | 11.6     | 0.000026 |  |  |
| Knead dough time x heat treatment time | 1.61  | 9                 | 0.18     | 4.0      | 0.001666 |  |  |
| Error                                  | 1.43  | 32                | 0.04     |          |          |  |  |

The hypotheses  $H_1$  and  $H_2$  (at significance levels of 0.00 and 0.00, respectively), which assume no effect of the kneading and thermal treatment time on the value of a\* parameter, should be abandoned. Simultaneously, an interaction was found between the analysed parameters, which means that collective action of the two analysed factors has an influence on the value of a\* parameter.

In turn, Table 6 shows results of a significance test for  $b^*$  parameter and a significance level of p < 0.05 (for Flour 2).

An analysis of the results in Table 6 allows us to abandon hypothesis  $H_1$  which assumes no effect of the kneading period on the value of b\* parameter. Simultaneously, hypothesis  $H_2$  cannot be abandoned. This means that extended thermal treatment period has caused no essential statistical changes in the values of this parameter.

## CONCLUSIONS

On the basis of the investigation it could be concluded that the changes in each colour parameter were different depending on the type of flour. The values of  $L^*$  and a\* parameters were included in different ranges (values of b\* parameter were included in a similar range). The different values of  $L^*$  and a\* parameters must have been due to different properties of materials applied in production process; in this case, the said different values point to different properties of flour and different properties of dough which was next exposed to thermal processing.

In spite of different curves of selected parameter variability, in each case a significant statistical influence has been confirmed of the kneading time on the colour of bread crosssection area. This means that the selection of suitable kneading time may help to produce the desired colour of a finished product.

On the basis of Figures 1-3 it has been concluded that extended kneading period allows to produce the bread which will be darker and less yellow. Red colour profile proved different subject to the type of flour: for Flour 1, extended kneading period initially produced more red bread after thermal treatment (until the 14<sup>th</sup> min of kneading)

### TABLE 4. Results of a significance test for $L^*$ parameter and a significance level of p<0.05 for Flour 2.

| Effect                                 | One-way analysis of variance (Flour 2)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |         |          |  |  |
|--|---|-------------------|----------|---------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F       | р        |  |  |
| Free term in the expression            | 248724.0  | 1                 | 248724.0 | 1715114 | 0.000000 |  |  |
| Knead dough time                       | 24.6  | 3                 | 8.2      | 57      | 0.000000 |  |  |
| Heat treatment time                    | 19.1  | 3                 | 6.4      | 44      | 0.000026 |  |  |
| Knead dough time x heat treatment time | 8.1   | 9                 | 0.9      | 6       | 0.000050 |  |  |
| Error                                  | 4.6   | 32                | 0.1      |         |          |  |  |

TABLE 5. Results of a significance test for a\* parameter and a significance level of p < 0.05 for Flour 2.

| Effect                                 | One-way analysis of variance (Flour 2)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |          |          |  |  |
|--|---|-------------------|----------|----------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F        | р        |  |  |
| Free term in the expression            | 194.0689  | 1                 | 194.0689 | 44713.02 | 0.000000 |  |  |
| Knead dough time                       | 8.4983  | 3                 | 2.8328   | 652.67   | 0.000000 |  |  |
| Heat treatment time                    | 0.1455  | 3                 | 0.0485   | 11.17    | 0.000036 |  |  |
| Knead dough time x heat treatment time | 0.1213  | 9                 | 0.0135   | 3.11     | 0.008522 |  |  |
| Error                                  | 0.1389  | 32                | 0.0043   |          |          |  |  |

TABLE 6. Results of a significance test for  $b^*$  parameter and a significance level of p < 0.05 for Flour 2.

| Effect                                 | One-way analysis of variance (Flour 2)<br>Sigma-limitation parameters<br>Effective hypothesis decomposition |                   |          |          |          |  |  |
|--|---|-------------------|----------|----------|----------|--|--|
|  | SS  | Degree of freedom | MS       | F        | р        |  |  |
| Free term in the expression            | 14550.55  | 1                 | 14550.55 | 591351.3 | 0.000000 |  |  |
| Knead dough time                       | 55.86   | 3                 | 18.62    | 756.7    | 0.000000 |  |  |
| Heat treatment time                    | 0.10  | 3                 | 0.03     | 1.4      | 0.265133 |  |  |
| Knead dough time x heat treatment time | 0.42  | 9                 | 0.05     | 1.9      | 0.091490 |  |  |
| Error                                  | 0.79  | 32                | 0.02     |          |          |  |  |

while from 14<sup>th</sup> min of kneading the share of red colour kept decreasing. For Flour 2, the extended kneading time was connected with a successive increase in red colour share.

Thermal treatment period has an essential effect on the product's colour parameters in most cases. No discriminant was stated in the case of b\* parameter of the bread produced from Flour 2. In the case of this type of flour, extended baking period brought about more intensive changes in red colour rather than in yellow, in the same period of time. This points to different properties of flour, *i.e.* different susceptibility to non-enzymatic browning.

The investigation results enable concluding that instrumental colour measurement may be an accurate measure of quality of wheat bakery products, given that the colour of finished bread depends on varying conditions of the process (kneading time, thermal treatment time and interactions between these two factors). This means that the dough will feature different properties which in turn, will have their further effect on the colour of the product.

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## ZASTOSOWANIE INSTRUMENTALNEGO POMIARU BARWY JAKO WSKAŹNIKA ZMIAN ZACHODZĄCYCH W PIECZYWIE PSZENNYM W CZASIE PROCESU TECHNOLOGICZNEGO

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W pracy dokonano analizy zmian barwy pieczywa pszennego wytworzonego z dwóch rodzajów mąk. Uwzględniono różny czas wyrabiania masy ciasta i różny czas obróbki termicznej analizując ich wpływ na barwę gotowego produktu. Na podstawie wyników badań stwierdzono rożną zmienność wyróżników L\*a\*b\* w zależności od rodzaju zastosowanej mąki. Na barwę produktu gotowego miał wpływ czas wyrabiania ciasta (w każdym przypadku), czas obróbki termicznej (w zależności od badanego parametru i rodzaju mąki) oraz interakcja obydwu czynników.